

Profile Mareike Schwed

1. To Person

Name: Dr. phil. Dipl. Mareike Schwed
Location: Pfungstadt
Studies: 2005 Graduation in sports science & computer science
Technical University Darmstadt
2014 Doctoral Degree in sport science
Goethe University Frankfurt

Vita: 2005 – 2006 Soemmerring-Institute, Bad Naumheim
Researcher

Project coordination:

- „Gait assesment at M.Parkinson“
- „Nordic-Walking at M.Parkinson“

2011 Research Associate, Hochschule Fresenius, Department of Health, Idstein. Project Coordinator: "Training Control and Competence Development at M. Parkinson"

2007 - 2014 Research Associate, Goethe University Frankfurt Project Coordination:

"Practicality of Current Training Therapeutic Measures and Optimal Training Control in Neurologically Ill"

Founding of the Neuro-Workshop in January 2015

Member of the Advisory Board of the Hilde-Ulrichs Foundation for Parkinson Research, area of responsibility Assessment Funding applications

2016, Certification of our patient training by the Techniker Krankenkasse: "Optimal and self-controlled training design for people with Parkinson's"



2. Experiences with motor learning/ Parkinson's

- Training, education, counseling & coaching of Parkinson's patients
- Doctoral Degree in "Locomotion for Parkinson's Disease - Training Effects - Training Strategies
- Development of the Neuroprotective Exercise Protocol

3. Goals of the Movement Academy

- Networking
- Exchange of experience

4. Ideas & Suggestions for the Movement Academy

- Much will develop locally
- Possible future subjects:
 - MS
 - MS gear
 - dementia

5. Change of perspective from the point of view of Dirk Balfanz

Neuropractic expert, with strong scientific backing and great desire

In particular, the following remained with me:

- the great combination of extensive practical (Parkinson's) experience, scientific-theoretical history and acute research interest, as well as entrepreneurial impetus,
- the new training approach "Parcour for Parkinson's Disease",
- and the high level of enthusiasm.

